

GROSSMONT CENTERPROGRAMS SCHEDULE

RECREATIONAL **GYMNASTICS**

ROOKIES (Ages 0-Walking)

50 MINUTES \$101/MONTH Tuesday 11am

PLAY DATES (Ages Walking-3)

50 MINUTES \$114/MONTH Monday 9:00am Tuesday 9:00am, 10:00am Wednesday 10:00am Thursday 9:00am Friday 9:00am Saturday 8:00am, 9:00am, 10:15am

GROMMETS (Ages 3-5)

50 MINUTES \$114/MONTH Monday 10:00am, 11:00am, 3:15pm, 4:15pm, 5:15pm Tuesday 9:00am, 11:00am, 4:15pm, 5:30pm, 6:30pm

Wednesday 10:00am, 11:00am, 3:00pm, 4:00pm, 5:00pm Thursday 10:00am, 4:15pm, 5:30pm, 6:30pm

Friday 9:00am, 10:00am, 11:00am, 3:00pm, 4:00pm, 5:00pm

Saturday 8:00am, 9:00am, 9:30am, 10:15am, 10:30am, 11:15am, 11:30am, 12:30pm

HANGFIVE (Ages 5-6)

60 MINUTES \$143/ MONTH Monday 3:15pm, 5:15pm, 6:30pm Tuesday 3:00pm, 5:15pm, 6:15pm Wednesday 4:00pm Thursday 4:15pm, 5:30pm Friday 10:00am, 4:00pm Saturday 9:00am, 11:30am, 12:30pm

LEVEL 1 (Ages 6+)

60 MINUTES \$143/MONTH Monday 4:15pm, 4:30pm, 5:30pm, 6:30pm Tuesday 3:00pm, 4:15pm, 5:30pm, 6:30pm Wednesday 3:00pm 4:00pm, 5:15pm Thursday 3:00pm, 4:15pm, 5:00pm, 5:30pm, 6:00pm Friday 3:00pm, 4:00pm Saturday 9:00am, 10:00am, 10:15am, 11:30am, 12:15pm

LEVEL 1 (Ages 9+)

60 MINUTES \$143/MONTH Tuesday 5:15pm Wednesday 6:15pm Thursday 6:30pm

LEVEL 2 (Ages 6+)

90 MINUTES \$198/ MONTH Monday 4:00pm, 6:30pm Tuesday 4:00pm, Wednesday 5:00pm Thursday 4:00pm, 5:30pm Friday 4:00pm Saturday 10:30am

LEVEL 3 (Ages 6+)

120 MINUTES \$248/MONTH Tuesday 6:00pm Wednesday 4:00pm Friday 4:00pm Saturday 10:30am

LEVEL 4 (Ages 6+)

120 MINUTES \$248/MONTH Monday 5:30pm Tuesday 6:00pm

BEGINNING TUMBLING

60 MINUTES \$143/MONTH Monday 6:00pm Tuesday 4:15pm Wednesday 6:15pm

INTERMEDIATE TUMBLING

90 MINUTES \$198/MONTH Tuesday 4:00pm

REGISTER ONLINE

www.sdgymnastics.com

ANNUAL FEE \$65

Tuition is billed monthly for one class/ week one month in advance.

NO REFUNDS OR MAKEUPS.



ADVANCED TUMBLING

90 MINUTES \$198/MONTH Tuesday 6:30pm

(Ages 8+)

PARKOUR

GYMNINJA (Ages 3-5) 50 MINUTES \$114/MONTH

Monday 3:15pm, 5:00pm Tuesday 10:00am, 3:00pm Wednesday 9:00am, 4:00pm, 5:15pm Thursday 4:30pm Friday 11:00am, 4:00pm Saturday 9:00am, 11:30am

BEGINNING(Ages 6+)

Friday 3:00pm

Saturday 9:00am, 10:15am

Monday 3:30pm, 4:15pm, 5:30pm, 6:15pm Tuesday 4:00pm, 5:15pm, 6:15pm Wednesday 4:00pm Thursday 5:00pm, 5:30pm, 6:30pm

60 MINUTES \$143/MONTH

COMPETITIVE TEAM

INVITE ONLY

Contact us for pricing on team programs.

HOT SHOTS PRE-TEAM (Ages 4-6) Tuesday & Thursday 4:00-5:30pm

STARS PRE-TEAM (Ages 6+) Monday & Wednesday 4:00-5:30pm Thursday 5:30-7:30pm

ACTIVE LEARNING

COMPETITIVE XCEL TEAM

Monday 5:30-8:00pm Wednesday 5:30-8:00pm Friday 4:00-6:00pm

DEMO TEAM

60 MINUTES Friday 5:30-6:30pm Mini's Friday 3:00-3:50pm

PARKOUR TEAM

50 MINUTES <u>Tuesd</u>ay 5:00-6:00pm

CAMPS

KIDS NIGHT OUT

4 HOUR DROP OFF **ENROLLED IN CLASSES \$42/CHILD** OR \$79/ FAMILY OFFERD THE 2ND FRIDAY EVERY MONTH

HOLIDAY CAMPS

9AM-3PM MONDAY- FRIDAY WHEN SCHOOL IS OUT, CAMP IS IN! SEE WEBSITE FOR DETAILS.

EVENTS

JUMPSTART (Ages Potty Trained-5)

3 HOUR DROP OFF \$224/MONTH Choose 1-5 days/ week, tuition multiples per day attended Monday- Friday 9am-12pm

BEYOND (Ages 5+)

AFTER SCHOOL PROGRAM Transportation avaiable from local schools. Monday-Friday 2pm-6pm

PARTIES

90 MINUTE PRIVATE EVENTS SAT/ SUN STARTING AT \$325 MORE INFORMATION ONLINE

OPEN GYM

60 MINUTES \$10/ SESSION (Available only to enrolled athletes) Monday-Friday 12:15-1:15PM (ALL ages) Saturday 1:30-2:30PM (6 & up ONLY)*

GYMWARRIOR (Ages5-6)

60 MINUTES \$143/MONTH Monday 3:15pm, 5:15pm Wednesday 5:00pm Thursday 4:00pm Saturday 10:00am

INTERMEDIATE 60 MINUTES \$143/MONTH

Wednesday 6:15pm Thursday 4:30pm Friday 5:00pm

ADVANCED

90 MINUTES \$198/ MONTH Thursday 6:00pm



5500 Grossmont Center Drive Suite 267 La Mesa CA 91942

