

RECREATIONAL GYMNASTICS

ROOKIES (Ages 0-Walking)

50 MINUTES \$101/MONTH
 Tuesday 9:00am, 11:00am

PLAY DATES (Ages Walking-3)

PLAY DATE (Parent/Child Ages walking-3)
 50 MINUTES \$114/MONTH
 Monday 9:00am, 10:00am
 Tuesday 10:00am
 Wednesday 11:00am
 Thursday 9:00am, 10:00am,
 Friday 9:30am
 Saturday 9:00am, 10:00am, 11:00am

GROMMETS (Ages 3-5)

50 MINUTES \$114/MONTH
 Monday 9:00am, 11:00am, 2:30pm,
 3:30pm, 4:30pm, 5:45pm
 Tuesday 10:00am, 11:00am, 2:00pm,
 3:00pm, 4:00pm, 6:00pm
 Wednesday 11:00am, 4:15pm, 4:30pm,
 5:15pm
 Thursday 11:00am, 2:30pm, 3:30pm,
 4:30pm, 5:45pm
 Friday 3:45pm, 5:45pm

HANGFIVE (Ages 5-6)

60 MINUTES \$143/ MONTH
 Monday 3:30pm, 5:15pm, 6:15pm
 Tuesday 3:15pm, 4:30pm
 Wednesday 3:30pm, 5:45pm
 Thursday 3:30pm, 5:45pm,
 Saturday 9:00am, 11:00am

LEVEL 1 (Ages 6+)

60 MINUTES \$143/MONTH
 Monday 3:00pm, 4:30pm, 5:45pm
 Tuesday 5:00pm
 Wednesday 3:30pm, 5:45pm
 Thursday 3:30pm, 5:45pm
 Friday 3:00pm, 4:45pm, 6:00pm
 Saturday 9:00am, 10:00am, 12:00pm

LEVEL 1 (Ages 9+)

60 MINUTES \$143/MONTH
 Monday 6:00pm
 Tuesday 6:00pm
 Thursday 4:30pm

LEVEL 2 (Ages 6+)

90 MINUTES \$198/ MONTH
 Monday 3:30pm, 4:15pm
 Tuesday 4:15pm, 6:00pm
 Wednesday 4:00pm,
 4:30pm, 6:00pm
 Friday 3:00pm, 6:00pm
 Saturday 10:30am,

LEVEL 3 (Ages 6+)

120 MINUTES \$248/MONTH
 Thursday 6:00pm
 Friday 4:00pm

BEGINNING TUMBLING

60 MINUTES \$143/MONTH
 Monday 6:15pm
 Wednesday 6:15pm
 Thursday 6:45pm

INTERMED. TUMBLING

90 MINUTES \$198 MONTH
 Tuesday 6:00pm
 Thursday 6:00pm

V.I.P. (Age5+)

SDG'S VERY INCLUSIVE PROGRAM
 50 MINUTES \$114/MONTH
 ASK FOR MORE INFO!

ENROLL NOW!

REGISTER ONLINE

www.sdgyrnastics.com
ANNUAL FEE \$65
 Tuition is billed monthly for one class/ week one month in advance.

NO REFUNDS OR MAKEUPS.

DOWNLOAD



DOWNLOAD ON THE
Apple Store

GET IT ON
Google Play



PARKOUR

GYMNINJA (Ages 3-5)

50 MINUTES \$114/MONTH
 Tuesday 5:15pm
 Thursday 10:00am, 3:15pm,
 5:15pm
 Saturday 10:00am, 10:30am,
 11:30am

GYMWARRIOR (Ages 5-6)

60 MINUTES \$143/MONTH
 Monday 4:00pm
 Thursday 5:45pm
 Friday 4:30pm
 Saturday 11:00am, 12:00pm

BEGINNING (Ages 6+)

60 MINUTES \$143/MONTH
 Monday 3:00pm, 4:00pm,
 5:15pm
 Tuesday 4:00pm
 Wednesday 3:30pm, 6:15pm
 Thursday 4:15pm, 6:30pm
 Friday 3:30pm, 4:00pm, 5:15pm
 Saturday 9:00am, 12:00pm

INTERMEDIATE

60 MINUTES \$143/MONTH
 Monday 6:15pm
 Tuesday 4:15pm, 6:15pm
 Wednesday 4:30pm

ADVANCED

90 MINUTES \$198/MONTH
 Wednesday 5:30pm

COMPETITIVE TEAM

INVITE ONLY

HOT SHOTS PRE-TEAM (Ages 4-6)
 Call for more info.

STARS PRE-TEAM (Ages 6+)
 Call for more info.

COMPETITIVE XCEL TEAM
 Call for more info.

DEMO TEAM
 \$76/ MONTH
 Call for more information.

PARKOUR TEAM
 \$92/ MONTH
 Call for more information

ACTIVE LEARNING

JUMPSTART (Ages Potty Trained- 5)

3 HOUR DROP OFF \$224/ MONTH
 Choose 1-5 days/ week
 Monday- Friday 9am-12pm

BEYOND (Ages 5+)

AFTER SCHOOL PROGRAM
 Transportation available from local schools.
 Monday- Friday 2pm-6pm
 Contact us for pricing.

CAMPS

KIDS NIGHT OUT

4 HOUR DROP OFF
 ENROLLED IN CLASSES \$42/CHILD OR \$79/ FAMILY
 OFFER THE 2ND FRIDAY EVERY MONTH

HOLIDAY CAMPS

9AM-3PM MONDAY- FRIDAY
 WHEN SCHOOL IS OUT, CAMP IS IN!
 SEE WEBSITE FOR DETAILS.

EVENTS

PARTIES

90 MINUTE PRIVATE EVENTS
 SAT/ SUN STARTING AT \$325
 MORE INFORMATION ONLINE

OPEN GYM

60 MINUTES \$10/ SESSION (Available only to enrolled athletes)
 Monday-Friday 12:15-1:15PM (ALL ages)
 Saturday 1:30-2:30PM (6 & up ONLY)*



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