

**RECREATIONAL
GYMNASTICS**

ROOKIES (Ages 0-Walking)

50 MINUTES \$114/MONTH
TUESDAY 9:00 rookies

PLAY DATES (Ages Walking-3)

50 MINUTES \$114/MONTH
Monday 10:00am
Wednesday 9:00am
Thursday:10:00am
Friday 9:00 am
Saturday 9:00am, 10:00am

GROMMETS (Ages 3-5)

50 MINUTES \$114/MONTH
Monday 11:00am, 3:00pm, 4:15pm, 5:00pm
Tuesday 4:30pm, 4:45pm, 5:30pm, 5:45pm
Wednesday 9:00am, 10:15am, 3:30pm, 4:00pm,
4:30pm, 5:00pm
Thursday 10:00am, 4:00pm, 5:15pm
Friday 10:00am,
Saturday 9:00am, 10:00am, 11:00am

HANGFIVE (Ages 5-6)

60 MINUTES \$143/ MONTH
Monday 3:15pm, 4:00pm
Tuesday 5:45pm
Wednesday 3:00pm, 4:00pm,
5:30pm
Thursday 3:00pm, 4:30pm, 5:15pm
Friday 3:15pm
Saturday 10:00am

LEVEL 1 (Ages 6+)

60 MINUTES \$143/MONTH
Monday 3:00pm, 5:15pm, 6:00pm, 6:30pm,
Tuesday 3:45pm, 4:00pm, 4:45pm
Wednesday 3:00pm, 3:45pm, 4:00pm,
4:30pm, 4:45pm, 5:30pm
Thursday 3:15pm, 3:30pm, 4:15pm, 6:15pm
Friday 2:00pm, 3:00pm, 5:00pm
Saturday 9:00am, 11:00am, 12:00pm

LEVEL 1 (Ages 9+)

60 MINUTES \$143/MONTH
Tuesday 6:30pm
Thursday 6:00pm, 6:15pm

LEVEL 2 (Ages 6+)

90 MINUTES \$198/ MONTH
Monday 4:00pm, 6:15pm
Tuesday 5:00pm
Wednesday 4:00pm
Thursday 3:30pm
Friday 4:30pm

LEVEL 3 (Ages 6+)

120 MINUTES \$248/MONTH
Thursday 5:00pm

BEGINNING TUMBLING

60 MINUTES \$143/MONTH
Tuesday 5:00pm
Wednesday 6:00pm

INTERMED. TUMBLING

60 MINUTES \$143/MONTH
Tuesday 6:00pm

V.I.P. (Age5+)

SDG'S VERY INCLUSIVE PROGRAM
50 MINUTES \$114/MONTH
Friday 11:00am
Saturday 12:00pm

**ENROLL
NOW!**

REGISTER ONLINE

www.sdgymnastics.com

ANNUAL FEE \$65

Tuition is billed monthly for
one class/ week one month in
advance.

NO REFUNDS OR MAKEUPS.

DOWNLOAD



DOWNLOAD ON THE
Apple Store

GET IT ON
Google Play



PARKOUR

GYMNINJA (Ages 3-5)

50 MINUTES \$114/MONTH
Monday 11:00am, 4:15pm, 5:30pm
Tuesday 10:00am, 11:00am, 3:00pm,
3:30pm, 4:30pm
Wednesday 11:15am, 3:30pm, 5:00pm
Thursday 5:45pm
Friday 5:00pm
Saturday 9:00am, 11:00am

GYMWARRIOR (Ages 5-6)

60 MINUTES \$143/MONTH
Monday 3:15pm
Tuesday 3:30pm
Thursday 5:00pm
Friday 4:00pm

BEGINNING (Ages 6+)

60 MINUTES \$143/MONTH
Monday 5:15pm, 6:15pm
Tuesday 3:30pm, 6:30pm
Wednesday 3:00pm, 6:00pm
Thursday 3:30pm 4:30pm
Friday 3:30pm, 5:15pm
Saturday 11:00am

INTERMEDIATE (INVITE ONLY)

60 MINUTES \$143/MONTH
Monday 5:15pm, 6:15pm
Tuesday 5:30pm

ADVANCED (INVITE ONLY)

90 MINUTES \$198/MONTH
Monday 3:30pm
Friday 4:30pm

PARKOUR TEAM (INVITE ONLY)

60 MINUTES \$92/MONTH
Friday 3:30

COMPETITIVE TEAM

INVITE ONLY

HOT SHOTS PRE-TEAM (Ages 4-6)
T/TH 3:30-5:00pm

STARS PRE-TEAM (Ages 6+)
M/W 3:15-5:15pm
Friday 3:15-4:45pm

Contact us for pricing on team programs.

COMPETITIVE XCEL TEAM

COMPETITIVE XCEL
Monday/ Wednesday 5:00pm-7:45pm
Friday 4:30pm-6:00pm

DEMO TEAM
Friday 4:00pm
DEMO MINIS
Wednesday 3:00-3:50pm

ACTIVE LEARNING

JUMPSTART (Ages Potty Trained- 5)

3 HOUR DROP OFF \$224/ MONTH
Choose 1-5 days/ week, tuition
multiples per day attended
Monday- Friday 9am-12pm

BEYOND (Ages 5+)

AFTER SCHOOL PROGRAM
Transportation available from local
schools.
Monday- Friday 2pm-6pm
Contact us for pricing.

CAMPS

KIDS NIGHT OUT

4 HOUR DROP OFF
ENROLLED IN CLASSES \$42/CHILD
OR \$79/ FAMILY
OFFER THE 2ND FRIDAY EVERY MONTH

HOLIDAY CAMPS

9AM-3PM MONDAY- FRIDAY
WHEN SCHOOL IS OUT, CAMP IS IN!
SEE WEBSITE FOR DETAILS.

EVENTS

PARTIES

90 MINUTE PRIVATE EVENTS
SAT/ SUN STARTING AT \$325
MORE INFORMATION ONLINE

OPEN GYM

60 MINUTES \$10/ SESSION (Available only to
enrolled athletes)
Monday-Friday 12:15-1:15PM (ALL ages)
Saturday 1:30-2:30PM (6 & up ONLY)*



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