

RECREATIONAL GYMNASTICS

ROOKIES (Ages 0-Walking)

50 MINUTES \$101/MONTH
Monday 9:00am

PLAY DATES (Ages Walking-3)

PLAY DATE (Parent/Child Ages walking-3)
50 MINUTES \$114/MONTH
Monday 10:00am
Thursday 10:00am
Friday 9:30am
Saturday 8:30am, 9:00am, 11:00am

GROMMETS (Ages 3-5)

50 MINUTES \$114/MONTH
Monday 9:00am, 11:00am, 3:15pm, 4:00pm,
4:15pm, 5:00pm, 5:15pm, 6:00pm
Tuesday 10:00am, 4:00pm, 5:00pm
Wednesday 3:15pm, 4:30pm, 5:15pm, 5:45pm
Thursday 4:30pm, 6:30pm
Friday 10:30am, 3:45pm, 5:00pm
Saturday 9:00am, 9:30am, 10:00am,
10:45am, 11:30am

HANGFIVE (Ages 5-6)

60 MINUTES \$143/ MONTH
Monday 3:30pm, 5:15pm
Tuesday 3:15pm
Wednesday 3:00pm
Thursday 3:30pm, 5:30pm,
Friday 5:45pm
Saturday 11:00am

LEVEL 1 (Ages 6+)

60 MINUTES \$143/MONTH
Monday 3:00pm, 4:00pm, 4:30pm,
5:00 pm, 5:45pm, 6:00pm
Tuesday 4:30pm, 5:00pm
Wednesday 2:00pm, 3:30pm, 4:15pm,
5:45
Thursday 3:15pm, 3:30pm, 5:45pm
Friday 4:00pm, 5:00pm
Saturday 8:30am, 10:30am, 12:00pm

LEVEL 1 (Ages 9+)

60 MINUTES \$143/MONTH
Tuesday 6:00pm
Wednesday 6:15 pm
Thursday 4:30pm

LEVEL 2 (Ages 6+)

90 MINUTES \$198/ MONTH
Tuesday 4:15pm, 5:30pm
Wednesday 4:00pm

LEVEL 3 (Ages 6+)

120 MINUTES
\$248/MONTH
Thursday 5:15pm

BEGINNING TUMBLING

60 MINUTES \$143/MONTH
Monday 6:15pm
Thursday 6:45pm
Friday 4:30pm

INTERMED. TUMBLING

60 MINUTES \$143 MONTH
Monday 6:15pm
Tuesday 6:00pm

V.I.P. (Age5+)

SDG'S VERY INCLUSIVE PROGRAM
50 MINUTES \$114/MONTH
ASK US ABOUT OUR ADAPTIVE GYMNASTICS PROGRAM!

ENROLL NOW!

REGISTER ONLINE

www.sdgymnastics.com
ANNUAL FEE \$65
Tuition is billed monthly for one class/ week one month in advance.

NO REFUNDS OR MAKEUPS.

DOWNLOAD



DOWNLOAD ON THE
Apple Store

GET IT ON
Google Play



PARKOUR

GYMNINJA (Ages 3-5)

50 MINUTES \$114/MONTH
Monday 4:15pm
Tuesday 3:30pm, 5:15pm
Wednesday 6:15 pm
Thursday 11:00am, 3:15pm,
4:15pm, 5:30
Friday 3:00pm, 5:00pm
Saturday 10:00am, 11:45am

GYMWARRIOR (Ages 5-6)

60 MINUTES \$143/MONTH
Monday 4:00pm
Wednesday 5:15pm
Thursday 4:30pm
Saturday 9:30am

BEGINNING (Ages 6+)

60 MINUTES \$143/MONTH
Monday 3:00pm, 5:15pm
Tuesday 4:00pm
Wednesday 3:30pm, 4:00pm,
6:15pm
Thursday 3:30pm, 4:15pm
6:30pm
Friday 3:30p m, 4:00pm,

INTERMEDIATE

60 MINUTES \$143/ MONTH
Monday 5:00pm
Thursday 5:30pm

ADVANCED

90 MINUTES \$198/MONTH
Wednesday 4:30pm

COMPETITIVE TEAM

INVITE ONLY

HOT SHOTS PRE-TEAM (Ages 4-6)
Monday & Wednesday 4:00pm - 5:30pm
STARS PRE-TEAM (Ages 6+)
Monday & Wednesday 5:30pm - 7:30pm
Friday 4:00pm - 5:00pm

COMPETITIVE XCEL TEAM
Call for more info.

DEMO TEAM
Minis Tuesday 3:45pm - 4:45pm
Thursday 3:45pm - 4:45pm

PARKOUR TEAM
Monday 6:15pm - 7:15pm

Contact us for pricing on team programs.

ACTIVE LEARNING

JUMPSTART (Ages Potty Trained- 5)

3 HOUR DROP OFF \$224/ MONTH
Choose 1-5 days/ week, tuition
multiples per day attended
Monday- Friday 9am-12pm

BEYOND (Ages 5+)

AFTER SCHOOL PROGRAM
Transportation available from local schools.
Monday- Friday 2pm-6pm
Contact us for pricing.

CAMPS

KIDS NIGHT OUT

4 HOUR DROP OFF
ENROLLED IN CLASSES \$42/CHILD
OR \$79/ FAMILY
OFFER THE 2ND FRIDAY EVERY MONTH

HOLIDAY CAMPS

9AM-3PM MONDAY- FRIDAY
WHEN SCHOOL IS OUT, CAMP IS IN!
SEE WEBSITE FOR DETAILS.

EVENTS

PARTIES

90 MINUTE PRIVATE EVENTS
SAT/ SUN STARTING AT \$325
MORE INFORMATION ONLINE

OPEN GYM

60 MINUTES \$10/ SESSION (Available only to enrolled athletes)
Monday-Friday 12:15-1:15PM (ALL ages)
Saturday 1:30-2:30PM (6 & up ONLY)*



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