

**RECREATIONAL GYMNASTICS**

**AGES 0- WALKING**

**ROOKIES 45 MIN \$114/MONTH**  
Monday 9:00am

**AGES WALKING-3**

**PLAY DATES 50 MIN \$120/MONTH**  
Monday 10:00am  
Wednesday 9:00am  
Thursday: 10:00am  
Friday 9:00 am  
Saturday 9:00am, 10:00am

**AGES 3-5**

**GROMMETS 50 MIN \$120/MONTH**  
Monday 11:00am, 3:00pm, 4:15pm, 5:00pm  
Tuesday 4:30pm, 4:45pm, 5:30pm, 5:45pm  
Wednesday 9:00am, 10:15am, 3:30pm, 4:00pm, 4:30pm, 5:00pm  
Thursday 10:00am, 4:00pm, 5:15pm  
Friday 10:00am  
Saturday 9:00am, 10:00am, 11:00am

**AGES 5-6**

**HANGFIVE 60 MIN \$150/MONTH**  
Monday 3:15pm, 4:00pm  
Tuesday 5:45pm  
Wednesday 3:00pm, 4:00pm, 5:30pm  
Thursday 3:00pm, 4:30pm, 5:15pm  
Friday 3:15pm  
Saturday 10:00am

**PARKOUR**

**AGES 3-5**

**GYMNINJA 50 MIN \$120/MONTH**  
Monday 4:15pm, 5:30pm  
Tuesday 10:00am, 11:00am, 3:00pm, 3:30pm, 4:30pm  
Wednesday 3:30pm, 5:00pm  
Thursday 5:45pm  
Saturday 9:00am, 11:00am

**AGES 5-6**

**GYMWARRIOR 60 MIN \$150/MONTH**  
Monday 3:15pm  
Tuesday 3:30pm  
Thursday 5:00pm  
Friday 4:15pm

**AGES 6+**

**BEGINNING 60 MIN \$150/MONTH**  
Monday 5:15pm, 6:15pm  
Tuesday 3:30pm, 6:30pm  
Wednesday 3:00pm, 6:00pm  
Thursday 3:30pm 4:30pm  
Friday 3:30pm, 5:15pm  
Saturday 11:00am

**AGES 6+**

**LEVEL 1 60 MIN \$150/MONTH**

Monday 3:00pm, 5:15pm, 6:00pm, 6:30pm,  
Tuesday 3:45pm, 4:00pm, 4:45pm  
Wednesday 3:00pm, 3:45pm, 4:00pm,  
4:30pm, 4:45pm, 5:30pm  
Thursday 3:15pm, 3:30pm, 4:15pm, 6:30pm  
Friday 2:00pm, 3:00pm, 5:00pm  
Saturday 9:00am, 11:00am, 12:00pm

**LEVEL 2 90 MIN \$208/MONTH**

Monday 4:00pm, 6:15pm  
Tuesday 3:45pm, 5:00pm  
Wednesday 4:00pm  
Thursday 3:30pm  
Friday 4:30pm  
Saturday 11:00am

**LEVEL 3 120 MIN \$260/MONTH**

Tuesday 5:15pm  
Wednesday 5:45pm

**LEVEL 4 120 MIN \$260/MONTH**

Thursday 5:00pm

**VERY INCLUSIVE PROGRAM**

Friday 11:00am  
Saturday 12:00pm

**AGES 9+**

**LEVEL 1 60 MIN \$150/MONTH**

Tuesday 6:30pm  
Thursday 6:00pm, 6:15pm

**INTERMEDIATE**

**60 MIN \$150/MONTH**

Monday 5:15pm, 6:15pm  
Tuesday 5:30pm  
Thursday 5:30pm

**ADVANCED**

**90 MIN \$208/MONTH**

Monday 3:30pm  
Friday 4:30pm

**CAMPS & EVENTS**

**SEASONAL CAMPS**

WHEN SCHOOL IS OUT, CAMP IS IN! OFFERED ON A WEEKLY BASIS MONDAY- FRIDAY 9AM-3PM

**KIDS NIGHT OUT**

4 HOUR DROP OFF OFFERED THE 2ND FRIDAY OF EVERY MONTH ENROLLED IN CLASSES \$42/CHILD OR \$84/ FAMILY

**OPEN GYM**

60 MINUTES \$10/ SESSION (Available only to enrolled athletes)

**PARTIES & PRIVATE GYM RENTALS**

90 MINUTE PRIVATE EVENTS  
SAT/ SUN STARTING AT \$350

**COMPETITIVE TEAMS**

**INVITE ONLY**

**PRE-TEAM HOT SHOTS**

Tuesday & Thursday 3:30-5:00pm

**PRE-TEAM STARS**

Wednesday 5:45-8:00pm  
Friday 3:15-6:00pm

**XCEL TEAM BRONZE**

Monday- 3:30-6:00  
Friday-3:15-5:45

**XCEL TEAM SILVER, GOLD, & PLATINIUM**

Monday / Wednesday 5:00 pm-7:45pm  
Friday- 3:30-5:00pm, 4:30pm-6:00pm

**DEMO TEAMS**

Friday 4:00pm

**PARKOUR TEAM**

Wednesday 3:00pm  
Friday 3:30pm

**TUMBLING**

**AGES 6+**

**BEGINNING 60 MIN \$150/MONTH**

Tuesday 5:00pm  
Wednesday 6:00pm

**INTERMEDIATE/ ADVANCED**

Tuesday 6:00pm

**ACTIVE LEARNING**

**JUMPSTART**

3 HOUR DROP OFF \$229/ MONTH  
Monday- Friday 9am-12pm

**BEYOND AFTER SCHOOL PROGRAM**

Transportation available from local schools.  
Monday- Friday 2pm-6pm



**DOWNLOAD**

DOWNLOAD ON THE  
Apple Store

GET IT ON  
Google Play

**\$65 ANNUAL FEE**  
Tuition includes one class/ week billed one month in advance.  
**NO REFUNDS OR MAKE UPS.**



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