

RECREATIONAL GYMNASTICS

AGES 0- WALKING

ROOKIES 45 MIN \$114/MONTH
COMING SOON!

AGES WALKING-3

PLAY DATES 50 MIN \$120/MONTH
Monday 10:00am
Thursday 10:00am
Friday 9:30am
Saturday 8:30am, 9:00am, 11:00am

AGES 3-5

GROMMETS 50 MIN \$120/MONTH
Monday 11:00am, 3:15pm, 4:00pm, 4:15pm, 5:00pm, 5:15pm, 6:00pm
Tuesday 10:00am, 4:00pm, 5:00pm
Wednesday 3:15pm, 4:30pm, 5:15pm, 5:45pm
Thursday 4:30pm, 6:30pm
Friday 10:30am, 3:45pm, 5:00pm
Saturday 9:00am, 9:30am, 10:00am, 10:45am, 11:30am

AGES 5-6

HANGFIVE 60 MIN \$150/MONTH
Monday 3:30pm, 5:15pm
Tuesday 3:15pm
Wednesday 3:00pm
Thursday 3:30pm, 5:30pm
Friday 5:45pm
Saturday 11:00am

PARKOUR

AGES 3-5

GYMNINJA 50 MIN \$120/MONTH
Monday 4:15pm
Tuesday 3:30pm, 5:15pm
Wednesday 6:15 pm
Thursday 11:00am, 3:15pm, 4:15pm, 5:30

AGES 5-6

GYMWARRIOR 60 MIN \$150/MONTH
Monday 4:00pm
Thursday 4:30pm
Saturday 9:30am

AGES 6+

BEGINNING 60 MIN \$150/MONTH
Monday 3:00pm, 5:15pm
Tuesday 4:00pm
Wednesday 3:30pm, 4:00pm, 6:15pm
Thursday 3:30pm, 4:15pm
Friday 3:30p m, 4:00pm
Saturday 12:00pm

AGES 6+

LEVEL 1 60 MIN \$150/MONTH
Monday 3:00pm, 4:00pm, 4:30pm, 5:00pm, 5:45pm, 6:00pm
Tuesday 4:30pm, 5:00pm
Wednesday 2:00pm, 3:30pm, 4:15pm, 5:45
Thursday 3:15pm, 3:30pm, 5:45pm
Friday 4:00pm, 5:00pm
Saturday 8:30am, 10:30am, 12:00pm

LEVEL 2 90 MIN \$208/MONTH
Tuesday 4:15pm, 5:30pm
Wednesday 4:00pm

LEVEL 3 120 MIN \$260/MONTH
Thursday 5:15pm

LEVEL 4 120 MIN \$260/MONTH
Tuesday 5:15pm

VERY INCLUSIVE PROGRAM
COMING SOON!

AGES 9+

LEVEL 1 60 MIN \$150/MONTH
Tuesday 6:00pm
Wednesday 6:15 pm
Thursday 4:30pm

INTERMEDIATE 60 MIN \$150/MONTH
Monday 5:00pm
Thursday 5:30pm
Friday 6:00pm

ADVANCED 90 MIN \$208/MONTH
Wednesday 4:30pm

CAMPS & EVENTS

SEASONAL CAMPS
WHEN SCHOOL IS OUT, CAMP IS IN! OFFERED ON A WEEKLY BASIS MONDAY- FRIDAY 9AM-3PM

KIDS NIGHT OUT
4 HOUR DROP OFF OFFERED THE 2ND FRIDAY OF EVERY MONTH ENROLLED IN CLASSES \$42/CHILD OR \$84/ FAMILY

OPEN GYM
60 MINUTES \$10/ SESSION (Available only to enrolled athletes)

PARTIES & PRIVATE GYM RENTALS
90 MINUTE PRIVATE EVENTS
SAT/ SUN STARTING AT \$350

COMPETITIVE TEAMS

INVITE ONLY

PRE-TEAM HOT SHOTS
Monday & Wednesday 4:00pm - 5:30pm

PRE-TEAM STARS
Monday & Wednesday 5:30pm - 7:30pm
Friday 4:00pm - 5:00pm

XCEL TEAM GOLD/ PLATINUM
Monday 5:30pm - 8:00pm
Wednesday 5:30pm - 8:00pm
Thursday 5:00pm - 7:30pm

XCEL TEAM SILVER
Tuesday 5:30-8:00pm
Wednesday 5:30-8:00pm
Friday 5:00-7:00pm

DEMO TEAMS
Minis Tuesday 3:45pm - 4:45pm
Thursday 3:45pm - 4:45pm

PARKOUR TEAM
Monday 6:15pm

TUMBLING

AGES 6+

BEGINNING 60 MIN \$150/MONTH
Monday 6:15pm
Thursday 6:45pm
Friday 4:30pm
INTERMEDIATE/ ADVANCED
Monday 6:15pm

ACTIVE LEARNING

JUMPSTART
3 HOUR DROP OFF \$229/ MONTH
Monday- Friday 9am-12pm
BEYOND AFTER SCHOOL PROGRAM
Transportation available from local schools.
Monday- Friday 2pm-6pm



DOWNLOAD

DOWNLOAD ON THE **Apple Store**

GET IT ON **Google Play**

\$65 ANNUAL FEE
Tuition includes one class/ week billed one month in advance.
NO REFUNDS OR MAKE UPS.