

PROGRAMS SCHEDULE

RECREATIONAL GYMNASTICS

AGES 0- WALKING

ROOKIES 45 MIN \$114/MONTH

COMING SOON!

AGES WALKING-3

PLAY DATES 50 MIN \$120/MONTH

Tuesday 9:00am Wednesday 10:00am Friday 9:00am Saturday 9:00am, 11:15am

Monday 5:15pm, 5:30PM

AGES 3-5

GROMMETS 50 MIN \$120/MONTH

Tuesday 9:00am, 10:00am, 3:00pm, 4:15pm, 5:30pm
Wednesday 3:15pm, 4:00pm, 4:30pm, 5:00pm
Thursday 11:00am, 3:30pm, 4:30, 6:00pm
Friday 10:00am, 5:15pm
Saturday 8:30am, 9:00am, 9:30am, 11:30am

AGES 5-6

HANGFIVE 60 MIN \$150/MONTH

Monday 4:15pm Tuesday 4:15pm, 4:30pm, 5:30pm Wednesday 3:15pm, 4:30pm, 5:30pm Thursday 4:00pm, 5:00pm Friday 4:15pm Saturday 9:30am, 10:00am

PARKOUR

AGES 3-5

GYMNINJA

50 MIN \$120/MONTH Monday 5:30pm

Tuesday 3:15pm Wednesday 3:30pm Saturday 9:00am, 10:00am

AGES 5-6

GYMWARRIOR

60 MIN \$150/MONTH

Monday 3:15pm Thursday 4:30pm Friday 4:15pm

AGES 6+

BEGINNING

60 MIN \$150/MONTH

Monday 4:15pm Tuesday 4:15pm, 5:30pm Wednesday 4:30pm Thursday 5:30pm Friday 5:15pm Saturday 11:00am

AGES 6+

LEVEL 1 60 MIN \$150/MONTH

Monday 4:00pm, 4:15, 4:30pm, 5:30pm Tuesday 4:15pm, 4:45pm, 6:30pm Wednesday 2:30pm, 3:30, 4:15pm, 4:30pm, 5:45pm Thursday 3:30pm, 4:00pm, 4:45pm, 5:30pm Friday 3:15pm, 4:15pm Saturday 10:00am, 10:30am

LEVEL 2 90 MIN \$208/MONTH

Monday 3:45pm, 5:00pm Tuesday 5:30pm Wednesday 2:30pm, 4:00pm, 5:30pm Thursday 2:30pm, 4:00pm Friday 5:30pm Saturday 10:30am

LEVEL 3 120 MIN \$260/MONTH

Monday 5:30pm Wednesday 6:00pm Thursday 5:30pm

LEVEL 4 120 MIN \$260/MONTH

Tuesday 5:15pm

VERY INCLUSIVE PROGRAM

COMING SOON!

AGES 9+

LEVEL 1 60 MIN \$150/MONTH

Tuesday 6:45pm Wednesday 5:30pm Thursday 4:00pm, 6:15pm Friday 5:15pm

INTERMEDIATE

60 MIN \$150/MONTH

Thursday 6:30pm Friday 3:15pm

ADVANCED

90 MIN \$208/MONTH Wednesday 5:45pm

CAMPS & EVENTS

SEASONAL CAMPS

WHEN SCHOOL IS OUT, CAMP IS IN! OFFERED ON A WEEKLY BASIS MONDAY- FRIDAY 9AM-3PM

KIDS NIGHT OUT

4 HOUR DROP OFF OFFERED THE 2ND FRIDAY OF EVERY MONTH ENROLLED IN CLASSES \$42/CHILD OR \$84/ FAMILY

OPEN GYM

60 MINUTES \$10/ SESSION (Available only to enrolled athletes)

PARTIES & PRIVATE GYM RENTALS

90 MINUTE PRIVATE EVENTS SAT/ SUN STARTING AT \$350

COMPETITIVE TEAMS

INVITE ONLY

PRE-TEAM HOT SHOTS

Tuesday 4:00-5:30pm Thursday 3:30-5:00pm

PRE-TEAM STARS

Monday 3:45-5:15pm Wednesday 3:45-5:15pm Friday 3:15pm - 5:15pm

XCEL TEAM GOLD/ PLATINUM

Monday 5:30pm - 8:00pm Wednesday 5:30pm - 8:00pm Thursday 5:00pm - 7:30pm

XCEL TEAM SILVER

Tuesday 5:30-8:00pm Wednesday 5:30-8:00pm Friday 5:00-7:00pm

DEMO TEAMS

Thursday 5:00pm

PARKOUR TEAM

Friday 4:15pm

TUMBLING

AGES 6+

BEGINNING 60 MIN \$150/MONTH Tuesday 6:45pm

INTERMEDIATE/ ADVANCED

Thursday: 6:00pm

ACTIVE LEARNING

JUMPSTART

3 HOUR DROP OFF \$229/ MONTH Monday- Friday 9am-12pm

BEYOND AFTER SCHOOL PROGRAM

Transportation available from local schools. Monday- Friday 2pm-6pm



\$65 ANNUAL FEE

Tuition includes one class/ week billed one month in advance.

NO REFUNDS OR MAKE UPS.