

RECREATIONAL GYMNASTICS

AGES 0- WALKING

ROOKIES 45 MIN \$114/MONTH
COMING SOON!

AGES WALKING-3

PLAY DATES 50 MIN \$126/MONTH
Monday 10:00am
Friday 9:30am
Saturday 8:30am, 9:00am, 11:00am

AGES 3-5

GROMMETS 50 MIN \$126/MONTH
Monday 11:00am, 3:15pm, 4:15pm, 5:00pm, 5:15pm, 6:00pm
Tuesday 10:00am, 11:00 am, 4:00pm, 5:00pm
Wednesday 3:15pm, 4:30pm, 5:15pm, 5:45pm
Thursday 4:30pm, 5:45pm
Friday 9:30am, 10:30am, 5:00pm
Saturday 9:00am, 9:30am, 10:00am, 10:45am, 11:30am

AGES 5-6

HANGFIVE 60 MIN \$158/MONTH
Monday 3:30pm, 5:15pm
Tuesday 3:15pm
Wednesday 3:00pm, 5:00pm
Thursday 3:30pm, 5:30pm
Friday 4:00pm
Saturday 9:00am, 11:00am

PARKOUR

AGES 3-5

GYMNINJA 50 MIN \$126/MONTH
Monday 4:15pm
Tuesday 3:30pm, 5:15pm
Wednesday 4:00pm, 6:15 pm
Thursday 4:15pm, 5:30pm
Friday 4:00pm
Saturday 10:00am

AGES 5-6

GYMWARRIOR 60 MIN \$158/MONTH
Monday 4:00pm, 6:15pm
Thursday 4:30pm
Friday 5:00pm
Saturday 9:30am

AGES 6+

BEGINNING 60 MIN \$158/MONTH
Monday 5:15pm
Tuesday 4:00pm
Wednesday 3:30pm, 6:15pm
Thursday 3:30pm
Friday 3:30pm
Saturday 12:00pm

AGES 6+

LEVEL 1 60 MIN \$158/MONTH
Monday 3:00pm, 4:00pm, 4:30pm, 5:00pm, 5:45pm
Tuesday 4:30pm, 5:00pm
Wednesday 3:30pm, 4:15pm, 5:45pm
Thursday 3:30pm, 5:45pm
Friday 5:00pm
Saturday 10:30am, 12:00pm

LEVEL 2 90 MIN \$218/MONTH
Tuesday 4:15pm, 5:30pm
Wednesday 4:00pm, 5:00pm
Thursday 4:00pm

LEVEL 3 120 MIN \$273/MONTH
Thursday 5:15pm

LEVEL 4 120 MIN \$273/MONTH
COMING SOON!

VERY INCLUSIVE PROGRAM
Friday 3:00pm

AGES 9+

LEVEL 1 60 MIN \$158/MONTH
Wednesday 6:15 pm
Thursday 4:30pm

COMPETITIVE TEAMS

INVITE ONLY

PRE-TEAM HOT SHOTS
Monday & Wednesday 4:00pm - 5:30pm

PRE-TEAM STARS
Monday & Wednesday 5:30pm - 7:00pm
Friday 4:00pm - 6:00pm

XCEL TEAM GOLD/ PLATINUM
Tuesday & Thursday 5:00-7:30
Friday 5:00-7:00

XCEL TEAM SILVER
Tuesday & Thursday 5:00-7:30
Friday 5:00-7:00

XCEL TEAM BRONZE
Tuesday & Thursday 5:00-7:30

DEMO TEAMS
Minis Friday 4:00pm
Friday 5:00pm

PARKOUR TEAM
Monday 6:15pm - 7:15pm

TUMBLING

AGES 6+

BEGINNING 60 MIN \$158/MONTH
Monday 6:15pm
Thursday 6:45pm
Friday 4:30pm
INTERMEDIATE/ ADVANCED
Monday 6:15pm

INTERMEDIATE 60 MIN \$158/MONTH
Monday 5:00pm
Tuesday 6:15pm

ADVANCED 90 MIN \$218/MONTH
Wednesday 4:30pm

CAMPS & EVENTS

SEASONAL CAMPS

WHEN SCHOOL IS OUT, CAMP IS IN! OFFERED ON A WEEKLY BASIS MONDAY- FRIDAY 9AM-3PM

OPEN GYM

Monday-Friday (ALL Ages)
12:00-1:00PM
2:30-3:30PM
Saturday (5+ Only)
1:30-2:30PM
Thursday (5+ Only)
7:00pm-8:00pm

PARTIES & PRIVATE GYM RENTALS

90 MINUTE PRIVATE EVENTS
SAT/ SUN STARTING AT \$350
MORE INFORMATION ONLINE

KIDS NIGHT OUT

OFFERED THE 2ND FRIDAY OF EVERY MONTH
ENROLLED IN CLASSES \$42/ CHILD OR \$79/ FAMILY

ENROLL NOW!

DOWNLOAD



DOWNLOAD ON THE
Apple Store

GET IT ON
Google Play



\$65 ANNUAL FEE

Tuition includes one class/ week billed one month in advance.
NO REFUNDS OR MAKE UPS.



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